

Amigos

HEALTH SCREENING



HEALTH AND SAFETY AT AMIGOS

AMIGOS is an industry leader in health and safety management. While in-country, all volunteers receive a personalized emergency plan, as well as support from local staff teams and a professional 24-hour On-Call Safety Team of travel coordinators, doctors, and mental health specialists. However, our work begins long before the summer. This document provides an overview of the health screening process volunteers undergo before being cleared to participate.

EST. 1965
AMIGOS HAS SUCCESSFULLY FIELDIED

31,000+
VOLUNTEERS

SUPPORTIVE SCREENING

AMIGOS programs can present new challenges and experiences. These include dietary changes, exposure to unfamiliar climates, and the challenges of adjusting to a new culture.

At AMIGOS our priority is keeping our volunteers safe and healthy while involved in our programs. AMIGOS believes in strong partnerships and, as such, we take time to get to know our families and volunteers to ensure AMIGOS is the best fit.

Still have questions? If so, please email us!

 healthandsafety@amigosinternational.org

STEPS IN SCREENING:

✓ COMPLETE HEALTH FORMS:

Confidential Physical Health Form

- Completed by Primary Care Provider
- Overview of volunteer's health history
- Required for all volunteers

Confidential Mental and Behavioral Health Form

- Completed by all current mental health professionals
- Required for all volunteers who have consulted with a mental health professional (ex. therapist, counselor, psychologist, and/or psychiatrist) in the past 2 years
- If a volunteer takes mental health medication, the prescribing provider must complete a separate Mental Health Form.

Action Plans

Action Plans are required by AMIGOS when a volunteer has one or more of the following conditions:

- Asthma
- Severe food allergy or anaphylaxis
- Migraines or recurrent headaches
- Seizures

✓ PROVIDE ADDITIONAL DOCUMENTS:

Upon review of the volunteer's forms, our Health and Safety Team may request additional items. This can include a Self-Care Agreement, in which the volunteer commits to proactively managing their health and maintaining open communication with staff.

✓ CHECK YOUR DASHBOARD (AND INBOX):

To stay up to date, volunteers should log into their AMIGOS Dashboard to download forms and view their progress. Any other requests for additional information will be sent via email or by telephone.